



FREE ISSUE



CAPTURING LIFE & ENTERTAINMENT.



2008 JANUARY > SOUTH ASIAN HEALTH FAIR

The South Asian Health Coalition of York Region held its second annual Health Fair on December 1st at Milliken Mills Secondary School. It provided knowledge about health issues, including services and resources available to assist in adopting a healthy lifestyle and how to reduce the risk of developing chronic diseases. The South Asian community is the second most common visible minority group in York Region. The Fair provided Flu Vaccine, Health Expert Panel Discussions, Fitness Activities, Healthy Indian Cooking Demonstrations, Dental Screening, Expert Speakers and over 35 community exhibitors.



Nellie Jutha (person really in charge!) and Husein Madhavji of Star! (Master of Ceremony)



Noreen Gilani, public health nurse and Susan Finkelstein, public health nutritionist



Nancy Lee Doige, volunteer with Trillium Gift of Life Network offering information on organ and tissue donation



Nellie Jutha, Deborah Manion, Naushad Hirji (Chair, South Asian Coalition of York Region) Thadsha Navaneethan, Karima Kassam, Roya Farhadipour, Chris Simmons-Physick, Pam Lalani



Vijay Sappani, Dr. Shafiq Qaadri, MPP, Siva Swaminathan, Shamsa Qaadri and Shafiq Qaadri Jr.



Mayor Frank Scarpitti and another attendee



Deborah Manion, Blue Hills Child & Family Centre



Volunteers and dignitaries





Dr. Shafiq Qadri, MPP with his friends and children





Mayor Frank Scarpitti performing ribbon cutting with volunteers and dignitaries