



WHAT DO OUR CLIENTS HAVE TO SAY?

From the Peer Mentorship Program:

“It made me fit in body and mind.”

“I made new friends I can talk to when I meet them out shopping.”

“I just retired and have a place to go to... I was home and depressed before.”

“I have laughing friends and feel healthy and hearty.”

From the South Asian Adult Day Program

“This is my oxygen for the week.”

“It is so nice to speak my own language to new friends.”

“This is my one day of recuperation.”
(shared by a caregiver)

OUR FUNDERS



United Way
Toronto & York Region



YORK
UNIVERSITÉ
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Canada



Ontario
ONTARIO WOMEN'S DIRECTORATE



Ontario
Central Local Health
Integration Network



Status of Women
Canada Condition féminine
Canada



Funded through
The Regional
Municipality of York

York Region

WANT TO GET INVOLVED?

- ◇ Be a community partner
- ◇ Be a volunteer
- ◇ Be a donor

CONTACT US

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SOCIALSERVICESNETWORK

serving diverse communities



VISION: To enhance the health and quality of life of the multi-culturally diverse community

MISSION: Deliver culturally and linguistically appropriate services to the South Asian community to empower them to have an independent and enriched community life.



United Way
Toronto & York Region

WHY SOCIAL SERVICES NETWORK?



Since its inception in 2004, SSN has continued to develop strong partnerships with diverse community and faith groups, community centers and mainstream organization to meet the needs of the community.

PROGRAMS & SERVICES

Participants of all programs are supported by staff and volunteers who speak their language, i.e. Hindi, Punjabi, Gujarati, Urdu, and Tamil and understand their cultural context.

1. Seniors Programs and Community Hub

Markham Community Hub encourages seniors and families to connect and engage in community life through various programs. Mental health and wellbeing activities are provided at various centres.

2. Youth Programs

Youth are supported through mentoring programs and peer support groups through workshops at schools and community groups.

3. Violence Against Women

We raise awareness of domestic violence and abuse through information and support groups. We bring together diverse South Asian communities in order to develop and deliver an effective community development strategy.

4. Health Related Programs

South Asians are particularly vulnerable to certain diseases, i.e. heart disease, diabetes; our programs promote awareness of these diseases and highlight prevention.

5. Research Projects

In collaboration with universities, colleges and other organizations, we work on various projects to create awareness of health concerns and prevention of violence.



ACHIEVEMENTS

Family Violence Conference

Over the course of five years, we increased our capacity by bringing together 106 agencies to discuss the issues and realities around family violence. We created an inter-agency, cross-sectoral dialogue to highlight the complexities of violence against women within immigrant communities.

Elder Abuse

We have helped to increase awareness of elder abuse within South Asian communities. We were invited to speak at the House of Commons and the Senate to share the South Asian community's views on elder abuse. We have assisted communities in other provinces set up workshops and presentations to bring awareness to this issue.