

Client at our Drop-In Centre – Anand Bhavan, Vishnu Mandir, Richmond Hill (Gujarati speaking client)

Kesarben Kanani age 84years from Uganda, Kampala

She is presently living at

Anand Bhavan Seniors Home

Vishnu Mandir.

8642 Yonge Street.. Richmond Hill.

Tel:[905-6951858](tel:905-6951858)

Kesarben Said" The Social Services Network is providing excellent programs to Educate and give Information to the seniors on various subjects, importantly on Health Issues. Otherwise, we seniors are living on our own in this Seniors Home,and who would come and give us this kind of services. Also this way we seniors living here at Anand Bhavan, have become more socialized, interacts with others and o have started meeting at tea time discussing about the program Social Services Network is providing. We also have attend SSN's Day Trips and had fun.The Seniors are looking forward for the day you are coming." (SSN Community Mobilizers)

"The best activity I enjoy and feel it is important for seniors is "Mind Activity" you do with us, playing Bingo, Card Games and Memory Games. We seniors need that the most so we keep our mind active and prevent Alzheimer's or Dementia. If I can't remember or communicate with others I won't be able to live alone in this Seniors Home," said Kesarben.