



ANNUAL REPORT 2011

Social Services Network is a grass root, community based organization with strong functional partnerships with the diverse ethno cultural community groups, faith leaders and community centers. SSN has a dedicated community mobilizer (CM) in place at each location. These CMs belong to the community they serve, speak their language, understand their culture and along with a group of dedicated volunteers encourage and deliver culturally and linguistically sensitive programs at the community centers/clubs and places of worship. SSN services 35 centers which are diverse S.A. communities and have a potential outreach of 35,000. We partner with other healthcare and support services organizations to deliver their services to our seniors, family and youth.

SENIOR PROGRAMS

South Asian Adult Day Program (SAADP):

(In partnership with Unionville Home Society)

- First of its kind in York Region for the 30 diverse South Asian Community Seniors who are cognitively impaired and or frail. This program provides them with an opportunity to access information and participate in activities on based prevention and wellness philosophies.
- The program is designed to help older adults regain their independence and enjoy each day. It also addresses seniors' needs and provides equitable access to care in a safe and sensitive environment to enable improved supports in their home. Members are served breakfast, a nutritious hot lunch and provided with transport to attend the program. At the program, they partake in mild mobility exercises and activities such as, Laughing Yoga, Carrom board game, bean bag toss, bingo, sing along, etc. The program takes place two days per week (Saturdays and Sundays) at Unionville Home Society, in Markham and is delivered by staff speaking Hindi, Urdu, Punjabi, Gujarati, Tamil and English.
- Central LHIN renewed funding for year 2011-2012 through their Aging At Home Strategy for year 2 of the project.
- A day trip to Ontario Place was organized for the clients on August 27, 2011. Many of the clients stated that this was the first time they visited Ontario Place, although some of them have been here for more than 20 years. In addition, they said:
 - *"First time I have seen a movie in 3D"*
 - *"I now know what 3D is – did not have a clue prior to seeing the movie".*
- The clients and their caregivers celebrated Diwali and Eid at the Heritage Centre, Unionville Home Society on Saturday Oct 29, 2011. Clients of both days together attended with their families and enjoyed the program.

Mental Health Awareness and Support Drop-In Centers:

This program is funded by UWYR to provide culturally and linguistically sensitive awareness and support programs on mental health through eight community access points, 128 Mental Health awareness workshops and presentations, to raise awareness of programs and services for mental health to 1200 South Asian community members and 120 Newcomers visiting the 8 community access points. This project also trains 16 volunteers.

- The program delivers information about services in the region through educational presentations, at the places of worship and community centers resulting in increased awareness and access to mainstream supports and services, especially to low income and newcomer seniors. Awareness and information is provided specifically on Mental Health and Wellbeing, including Settlement
- 60% of community members attending the awareness programs reported that they have new knowledge about what is mental health, signs and symptoms of mental illness and wellbeing. New immigrants state they were not aware of the services prior to attending and receiving information.
- By coming out of their houses on weekly/bi-weekly/monthly basis and attending the program, seniors are beginning to share their problems and issues with other seniors, thus feeling less isolated and ending the silence on Mental Health. They are also beginning to modify their behavior and are reducing their chances of going into depression.

Seniors Hub at Armadale Community Centre

Based on the discussion with community leaders and members from the diverse South Asian community about the needs of the community and gap in services SSN established a Seniors Hub in partnership with the Town of Markham for seniors 55+ where the seniors come on a daily basis and access wellbeing programs. Programs such as Yoga, Laughing Yoga, Chi-Gong, Mild Mobility Exercises, Bridge Club, Sewing Club and other activities take place. Educational presentations by mainstream service providers are held once a week. In addition, workshops on Positive Thinking, Motivation, Reiki are also held on weekly basis. This center enables seniors to come out of their houses and meet, mingle over coffee and socialize. Seniors of diverse cultural background and languages access the services, which are free. Services are offered in Hindi, Gujarati, Punjabi, Tamil, Punjabi and English. The total number of registered members at the seniors' hub is 148.

Mobile Computer Lab

The project funded by New Horizons provided basic computer skills to 30 seniors at 3 community centres in Markham and Richmond Hill. Training was held in Hindi, Punjabi, Gujarati and Tamil. At the end of the training the seniors were able to communicate with other members of their community even in their home countries who are already using the computer. The senior's don't feeling left out and isolated and can understand and talk the same computer language. The project built the capacity of the seniors to live an independent

life style not relying on their family for communication and information. This promotes a feeling of well-being and integration into the Canadian society at large.

Testimonials –

‘I’m 82 yrs young! And have learned to use a computer’

“Now I’m not afraid of the computer”

“I can now communicate with my grandchildren”

“My grandchildren are thrilled when they receive an email from me and are very proud of their grandmother:”

“I like to play games on the internet with my grandchildren”

“I love socializing and engaging with other seniors and discussing our common concerns and issues”

New Horizons Capital Grant:

SSN runs seniors' programs at various places of worship and community centers. These groups are provided with useful information on health and wellness, community services and social issues. The capital funding was used to provide Sri Paramhans Advait Mat (Kutiya), Markham Tamil Seniors Center and Unionville Drop-in Centers at these centers with musical instruments, arts and crafts material, sewing machine, kitchen stuff to involve the seniors in traditional passtime activities to reduce isolation and increase social interaction.

National Seniors Day at the Town of Markham

SSN launched the National Seniors Day at the Town of Markham which was attended by the Minister of State and HRSDC. More than 150 seniors attended the program and delivered testimonials about the outcome of the services they are receiving from SSN.

Taking Care of Me! Toolkit and training

CHATS – Community and Home Assistance for Seniors in collaboration with Social Services Network developed a tool kit made up of six workshops entitled, “Taking Care of Me! A Tool Kit for Organizing and Facilitating Health & Wellness Workshops for South Asian Seniors” which was translated into Tamil and Punjabi and for these two communities. The Tool Kit is being delivered in English to other communities as well. The response was very positive from the communities as the workshops dealt with, Learning about the Health Care System, Learning about Community Supports and Recreation Programs, Managing my Physical Health- Heart, Stroke & Asthma, Managing my Physical Health – Diabetes & Falls Prevention and the last workshop is on Delicious & Nutritious – A Healthy South Asian Diet.

FAMILY PROGRAMS:

Creating Bridges for Healthy Communities

[In partnership with Blue Hills Child and Family Centre and Kinark Child and Family Services]

Creating Bridges for Healthy Communities was established to focus on enhancing children's emotional wellbeing through regular, predictable and consistent opportunities for parent engagement and community linkages. A booklet was produced and materials are available in English, Gujarati, Hindi, Tamil and Punjabi.

- A research was conducted for on the outcome of the Creating Bridges for Healthy Communities, a three-year joint partnership between Social Services Network (SSN) Kinark Child and Family Services, and Blue Hills Child and Family Centre. The overarching goal of the project was to create a new model for building bridges between the South Asian community and its families, and mainstream mental health services in the southern York Region; the focus was on improving mental health and well-being through regular, predictable, and consistent family and community engagement. The thrust of the initiative was to provide culturally relevant information on early identification and intervention of social, behavioral, and emotional issues faced by children, youth, families and newcomers.
- Majority of participants believed that the growing sense of communication between the South Asian community and the service-providing community has offered a more open environment whereby individual members are more able and willing to access mainstream and public services. It was noted that new immigrants also became aware of Blue Hills and Kinark's programs and services through presence of staff at community centers, places of worship, and other community venues, as well as through their participation in various South Asian events and celebrations throughout the year. In turn, agency staff became more aware of the challenges and strengths of the diverse South Asian cultures. This led, it was perceived, to a deeper understanding of barriers to mental Health services from both the perspective of the South Asian community and service providers.

Outreach and Connections within the SA Community

- SSN has been a leader in providing all round support to newcomers, who needed to adapt, contribute and prosper in the Canadian society. Towards this end the programs include, needs assessment, orientation to local environments, interpretation-translation, information and referral, and sessions to support networking with the community. Weekly community outreach sessions are held at health and settlement support drop-in centers (total eight) across Greater Toronto. This project is funded through Ontario Trillium Foundation

The “Impact of Family Violence a South Asian Perspective”

Is a five year project with Social Services Network in partnership with Toronto Police Service Mobilization Unit, York Regional Police, Peel Regional Police, Durham Regional Police, York Region Children Aid Society and a number of community organizations and individuals who have dedicated their time to working on the Family Violence Conference. The main objectives of this conference were to identify barriers, challenges, gaps and opportunities toward meaningful and sustainable change as they pertain to family violence in the South Asian Community and to increase awareness among stakeholders and decision makers in their understanding and efforts to address short term and long term issues of family violence within the South Asian Community

The Toronto Police Service was the host of this five year project with support from York Regional Police, Peel Regional Police, Durham Regional Police, York Region CAS and the UN Women Canada. Nine workshops outlining the issues of Family Violence specifically in the South Asian communities were well attended. The conference had over two hundred delegates from across Ontario representing social service agencies, police service and community based agencies as well as survivors of family violence. A report was compiled highlighting key issues for further discussions and debate on policies related family violence. Greetings were received from the Prime Minister Stephen Harper and the Premier Dalton McGuinty, MPP Bas Balkisson also brought greetings from the Minister of Community and Social Services, Madeleine Meilleur. The Minister of Children and Youth Services and Women's Issues, Laurel Broten, and the Minister of Revenue and Responsibility for Seniors, Honorable Sophia Angelonitis made a brief appearance at the conference. The Ontario Human Rights Commissioner, Barbara Hall launched the new policy on Gender Harassment at the conference.

York Regional Police is hosting the second conference scheduled for May 2nd & 3rd 2012 at Seneca College Markham Campus. Peel Regional Police has committed to hosting in 2013 and it is the hope that Durham Regional Police host in 2014 and being in Ottawa for 2015.

Diversity Workshop for Service Providers:

The Children Treatment Network (CTN) in partnership with Social Services Network teamed up to provide a two day workshop on Diversity Training. CTN wants to ensure families from multicultural communities have access to their programs and services and SSN wants to make sure services are provided to the South Asian community. This 2-day workshop has been designed to provide a foundation for understanding diversity and sharing perspectives so that all children and their families receive the care they need to be strong and healthy. Children’s Treatment Network of Simcoe York (CTN) provides care for children with special physical, developmental and communication needs. CTN provides one point of contact for a single plan of coordinated care for children and youth with multiple disabilities. The services are publicly-funded and are available to all children and families who need special help to take part in daily living, school and play. Social Services Network (SSN) is a not-for-profit charitable organization delivering culturally and linguistically appropriate direct services to the diverse South Asian community through partnerships developed with other service providers. SSN has

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developed a unique service delivery model whereby the services are delivered directly to the community at their places of worship and/or community meeting place.

South Asian Outreach Project (SAOP)

[In partnership with Family Services York Region]

- This project is aimed towards increasing awareness on domestic violence and abuse through information and support groups sessions. 10 sessions were delivered in Hindi, Punjabi, Tamil, Urdu and Gujarati. **The South Asian Outreach Project is a partnership with Family Services of York Region and Social Services Network. Community Mobilizers from FSyr and SSN deliver presentations in various places of worship in the South Asian Communities in York Region. The issues of Healthy Relationships, Anger Management, Tips for Parents and understanding the stresses on South Asian families is the main focus of this ongoing project. The presentations deal with the stresses of family life in Canada before it becomes an issue and taking preventative measures is aim of this project. There is a strong domestic violence component to this project.**

Youth Projects:

Building the Safe Community for Us: South Asian Girls, Teens and Young Women Strategize for Change

Status of Women Canada

Through youth-led projects, to develop and strengthen the skills of young women and girls, young men and boys to identify and respond to issues of gender-based violence in their communities.

Project Orientation and Planning

- develop terms of reference
- project design
- hire personnel (program manager/researcher/writer, youth coordinator, evaluators)
- Develop initial plans for SWC
- Family violence report completed
- Environmental scan completed
- Research design document completed
- Outreach documents created and distributed for youth recruitment
- Focus groups for service sectors completed
- Focus groups for language communities partially completed
- Ongoing outreach

Leaders of Tomorrow, Today (LOTT)

LOTT aims to address prevailing youth issues in society. It is an opportunity for South Asian youth to find their voice and leadership potential for a healthy, safe and successful present and future. LOTT invites new youth members to join in the efforts of addressing and resolving issues faced by South Asian youth.

Bolly wood Idol

First Youth Bollywood competition, for Youth's of York Region to participant in 3 different categories to show case their talents. Bollywood Idol held at Markham Theatre on July, 16, 2011. Had some issues but overall was a success- gained Youth interested

Multimedia Film Festival of YR

3 documentaries produced by LOTT were nominated to be screened at the York Region Film Festival. SSN is now part of the board of the film festival.

York Multimedia Film Festival

The York Multimedia Film Festival was formed by the Film Development Council. It was developed in response to the recognition of diversity within York Region. Also to see the importance of engaging immigrant and/or diverse communities regarding their life experiences, successes and challenges in a media concept. Social Services Network, submitted two short film s for the York Multimedia Film Festival. The first short film was called, "Who Are The South Asians." It talked about the different South Asians in the world, and brings awareness to the South Asian community especially in York Region. The other film was called, "X, Y, or Z" This short film was youth based and it talked about cultural identities. This film tackled some of youth issues like not having others define who you are but for youths to define themselves. The youth had a great time filming these videos and hope to bring awareness regarding youth issues

Focus on Family Literacy

This project consists of a series of courses for parents and grandparents in the GTA's many multicultural, multilingual communities. All the sessions for fathers and grandfathers were held and completed by the end of year. SSN has been funded again for another year (2011) on Stress Management, Time Management and Financial Management.

Measurable Project Outputs/Deliverables

Deliverables:

Approximately 80 of participants will participate in the program in the program, which will include 10 participants for 3 courses of Fathers and Grandfathers (Part One) and 20 participants for 3 courses of Parents and Grandparents (Part Two).

Response:

- 1) 10 participants attended the February Course for Parents and Grandparents at Armadale Public School
- 2) 15 participants attended the March Course for Parents and Grandparents at Thornhill OEYC
- 3) 18 participants attended the April Focus on Yoga and Family Literacy Course for Parents and Grandparents at Armadale Public School
- 4) 38 participants attended the April Course for Parents and Grandparents at Parkland Public School
- 5) 34 participants attended the May Course for Fathers and Grandfathers at Doncrest Public School
- 6) 10 participants attended the June Course for Parents and Grandparents at Markham South Welcome Centre
- 7) 12 participants attended the June Course for Fathers and Grandfathers at the Markham OEYC
- 8) 7 participants attended the June Course for Fathers and Grandfathers at the Newmarket OEYC and worker's home
- 9) 12 participants attended the November Course for Fathers and Grandfathers at Ellen Fairclough Public School

Total participants in the nine courses for Fathers and Grandfathers and for Parents and Grandparents was 158. Many children attended the programs at the Public Schools but were not included in our statistics. 15 staff from Social Services Network and several OEYCs attended our three-session Training Course in July 2011, bringing the total number of adult participants in our program in 2011 to 173.

Deliverables:

Approximately 23 volunteers will participate which will include 15 volunteers for the Literacy Courses and 8 volunteers for the Training Program for the Presenters.

Response:

Our total number of volunteers rose to 58 because several of them volunteered in more than one capacity. This includes our Planning/Evaluation Team, Presenters and Coordinators in our Literacy Courses and Training Programs, Translators of our Markham-Stouffville brochures, and our registration and evaluation forms.

Microsoft Dynamics CRM - IT Project

SSN having new IT program that will help organize SSN's project and contacts.

- Community Mobilizes inputting data for projects, into new system- need to do weekly report to check process.
- Starting to get Program Managers to use new system- held a Hands- On Training for Program Managers to use the system and enter their data into new system- adding project information- Sit with each Program manager for a one-on one session
- Develop/ Update a manual for how to use IT system- how to use guide- for both Community Mobilizes and Program Managers.

Sitting with Naila to resolve IT issues- and see what needs to be fixed in new system

- Doing general weekly updates to see how entering data each community mobilizes is doing. Send e-mails to remind them to enter. They have 48 hours after presentation complete to enter into new system. Answered questions/ problems by e-mail or phone- documented issues to manuals.
- Sit individually with each PM.
- Need to update manuals- two versions. One for Community Mobilizes and another for Program Managers. Program Managers- a guide to using the system

Talked to James about changes needed to be made- and have started entering detail information.

Volunteer Management : Managed to earn 30 Volunteers during this reporting period and currently there are 45 active Volunteers with all SSN programs. All of them managed to receive orientation and get fixed according to their interested areas. Providing support and taking part through their relevant skills to SSN's programs.

Fund raising Gala

SSN GALA

Social Services Network held its first Annual Fundraising Gala – “Helping Hands” on 2nd June 2011, at the Hilton Suites, Markham. This event was targeted to raise \$100,000 to establish a Community Health Centre (CHC) in Markham, Richmond Hill area within the next few years. An anonymous donor matched the \$30,000 raised through ticket sales and sponsorship by donating the equal sum. Through the participation of over 400 people at the gala brought in added funds through silent auction and raffle ticket sales.

Speaking at the event was Adrianna Tetley, Executive Director of the Association of Ontario Health Centres, Minister Michael Chan and representatives of other levels of government, dignitaries of SSN, organizers, well-wishers and supporters.

The program was hosted by Angie Seth of the OMNI News. Performances were provided by Shiamak Davar's Dance troupe of Toronto, Dance Expression, stand-up comedian artist Rasul Somji, who performs at Yuk- Yuk's, and the International award winning hip hop artist Farahri. The occasion was graced by the winner of Miss Beauty – Asia Ms. Shireen Ali. Shyra Khosla played the Sitar.

IIFA

IIFA Events in Markham

IIFA stands for the International Indian Film Academy. It's a celebration of the best in Indian cinema. Every year IIFA holds an awards ceremony, which attracts India's hottest stars and is hosted by a different international city. For the 2011 IIFA awards, the host cities of Toronto,

Mississauga, Markham and Brampton have the honour of being part of this once-in-a-lifetime celebration.

In celebration at various IIFA Buzz events, Town of Markham celebrated First South Asian Mela on the 11 June 2011, at the Featherstone Park in Ward Seven. It was an amazing platform to showcase South Asian talent. A number of South Asian food stalls and community gathering made the event more delightful.

Also the other event was held at Markham Civic Centre on 17th & 18th June 2011, related to IIFA. CIBC presented Bollywood under the Stars movie night-Markham's largest outdoor film screening of 'Housefull', one of the IIFA (International Indian Film Academy) award nominated films.

June 18-BOLLYWOOD EXTRAVAGANZA- This premier all day event showcased a blockbuster international headliner, dynamic stage performances, community, national and international food, authentic South Asian bazaar, vendors and a funtastic kidzone!

Community Health Center and Hub

Community Health Centre

The Social Services Network officially launched the initiative to establish the first Community Health Centre in the Markham and Richmond Hill area on 2 June 2011, at their first annual Gala event. Minister Michael Chan as well as Adrianna Tetley, the Executive Director of the Association of Ontarian Health Centres and representatives of many other organizations were also present at the event. The Community Health Centre will be a one-stop centre, with all services under one roof to meet the health care needs of all families, especially the seniors in the region.

OTF Grant: Markham Community Hub

Social Services Network (SSN) received a grant from Ontario Trillium Foundation for the renovation and repair of 3,000 sq ft of space at 8 Shadlock Drive, Unit 5 Markham as a site for the Markham Community Hub. This was based on the consultations and discussions with our community partners and stakeholders about the urgent need for a community space. The Markham Community Hub is the first successful step towards achieving our goal and addressing the needs of the community in Markham. This "Community Hub" has been leased on a short-term basis and will deliver health promotion programming and provide a location for other organizations that do not have their own space but who also serve SSN clients. This space will also provide health promotion, community development and support services to South Asian

and other multicultural communities and enable SSN to meet the needs of the community in a more comprehensive, integrated and holistic way

Community Event

International Women's Day Celebration at Vedic Cultural Centre

International Women's Day is celebrated on March 8th every year to celebrate the achievements and accomplishments of women around the world. In the heart of York Region, Social Services Network celebrated at the Vedic Cultural Centre coordinated by Chair Asha Bhatia and SSN's Community Mobilizer Meena Lakhani with the Arya Samaj Seniors.

The Tamil Seniors group also joined in the celebrations to make the day more exciting. Social Services Network was very pleased to have Yannick Raymond the Director of Ontario for the Status of Women Canada join in the celebrations and Yannick talked about the achievements of women and the importance of the contributions that women have made in history and in Canada. Naila Butt, Executive Director of Social Services Network talked about the continued support for women in the community especially the programs designed for our seniors and their families

Chronic Disease Self Management Program (CDSMP)

Canadians of South Asian and African-Caribbean descent are at increased risk of heart disease and stroke. They develop heart disease 5 to 10 years earlier than other ethnic groups. Existing research reveals that South Asian communities in Ontario and across Canada experience uneven access to health care services. They have unique linguistic and cultural challenges with respect to improving their health.

This program provides an innovative and proactive approach to diabetes and chronic diseases management in South Asian individuals and families at risk for and/or living with diabetes and other chronic diseases such as cardiac diseases. The sessions carried out by SSN's Community Mobilizers Nellie Jutha & Neelam Kumar

PROPOSALS SUBMITTED 2011

UW resubmit

Endeavour proposal

Status of Women Canada proposal

TD proposal

MMFFYR- 2 submissions

HR

Staff Turnover:

Pushpmit , Brijpal

Khadija joined in Jan

Richa

Doris and Jason

Program Managers and CM's training with HR consultant

Advisory and Planning Tables

Advisory and Steering committee meetings

- **Family Violence Conference Steering Committee-**
Organizing the FVC

- **Family Violence Conference Advisory and Advocacy Committee-**
Implementation of the recommendations of the FVC report

- **Ontario Multicultural Health Applied Research Network (OMHARN) Advisory committee.**
Is a network of multicultural health researchers in Ontario. Highlight the work they are doing and/or have done in the area. This network of researchers (anyone conducting research in the area of multicultural health who can be located in academic, hospital or community settings) can provide evidence-based advice to the MOHLTC and others on related topics.

- **CENTRAL LHIN Newcomer/Settlement Planning Group**
The purpose of the Newcomer/Settlement Planning Group (the Planning Group) is to develop strategies to address current challenges faced by newcomers in accessing and navigating the health system and to improve linkages between local health system planning and settlement strategy development.

- **The Forum for Children, Youth and Their Families in York Region (Forum)**
Is a collaborative group of organizations that provides services and/or support for children, youth and their families in York Region. The Forum facilitates a coordinated voice on behalf of children, youth and their families in order to gather information and build awareness about their needs and challenges, --- identify and influence the policies that affect their lives, and take action for change that will increase access and improve services.

- **Senior Services Provider Network (SSPN)**
- Establish an on-going process to identify & resolve issues and proactively respond to the needs of underserved seniors residing in the Central LHIN boundaries.

- **COMPASS-Community Partners with Schools**
 - School Based Clinical Services, and 2) Community Planning Table (CPT) preventative services.

- **Violence Against Women Coordinating Committee:**

Description	Link
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- **Armadale Seniors Hub- Advisory Committee**

Events Participated:

- Fund raising dinner TESOC
- Dinner Frank Scarpetti Foundation
- Dr. Sharma's fund raiser 7 - 11 pm
- Seniors day at TOM- Federal Minister for Seniors spoke at the event
- Meeting Federal minister - Maxime Bernier, Minister of State
- Health Care Expo- Metro convention center
- CBC Media training with Maytree
- Eid Mela at Islamic center Gromley
- Walk A Mile in Her Shoes- WRA

Presentations:

- 2 EOI's for newcomers and complex health care- CLHIN
- Presentation seniors secretariat- SSN- CHATS Tool kit
- OCSA conference presentation - SSN / Chats toolkit at Hilton suites
- Innoversity Conference presentation with CBC at Toronto Reference Library
- Presentation on elder abuse
- Seniors day at TOM- presentation to the Minister of seniors
- Training of Health Service Providers on Diversity with CTN

Materials produced:

- FVC Report and all materials- First ever copyrighted SSN document
- CTN Diversity Training module

Media Coverage:

Live stream from Police Headquarters of the full media release.	http://www.ustream.tv/recorded/17287564
Matt Galloway spoke about domestic violence with Naila Butt , on the CBC Metro Morning Breaking The Cycle	http://www.cbc.ca/video/news/audioplayer.html?clipid=2130548710
For this link, please go to South Asian News and click the Sept 15, 2011. News report and our part is from 3:05-5:23	http://ontario.omnionews.ca/?language=1
News article written by The Globe and Mail from our Media Release Conference, topic is “Honour Killings”	http://www.theglobeandmail.com/news/national/toronto/term-honour-killing-misleading-report-on-violence-says/article2167787/
CBC- A radio interview with Naila Butt	http://www.cbc.ca/hereandnowtoronto/episodes/2011/04/08/addressing-south-asian-family-violence/
Live Stream from Police Headquarters	http://www.livestream.com/torontopolice/video?clipId=pl_a_0c9df1b6-4e90-400b-b539-5e546a63b2f6
Toronto Sun- news article	http://www.torontosun.com/news/torontoandgta/2011/04/08/17928516.html
South Asian Focus	http://www.southasianfocus.ca/community/article/102387
Wellesley Institute	http://www.wellesleyinstitute.com/news/markham-richmond-hill-need-new-community-health-centre-to-tackle-health-inequities/
By Simon Martin Markham Sun & Economist/Liberal	http://www.yorkregion.com/opinion/editorial/article/1055530--centre-can-boost-health-options
News coverage of Trillium Grant for SSN in Markham Sun & Economist	http://www.yorkregion.com/news/article/1072067--social-service-network-gets-75k-trillium-grant